

Make Jesus Real

A
BOOK
FOR
LIFE

TEACHER RESOURCES SECTION 3 – THE ART OF INTERACTING



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SECTION 3

THE ART OF INTERACTING Building Relationships

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QUOTES

“I’ve learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.”

— Maya Angelou

“To be fully seen by somebody, then, and be loved anyhow — this is a human offering that can border on miraculous.”

— Elizabeth Gilbert

TAKE AWAY FROM SECTION 3

Reflect on **ONE** life skill they need to work on to help establish positive relationships.

INTRODUCTION

Learning the art of positive interaction is crucial to building firm relationships. However the most important relationship is the one we have with ourselves. This section concentrates on building successful relationships with teachers, parents/carers, friends and Jesus.

LEARNING INTENTIONS

We are learning that...

- the key to life is learning to build strong reciprocated relationships
- Jesus continually demonstrated Gospel values that we should cultivate
- there is a need to decipher what is needed for positive relationships compared to those that are negative in nature.

ACARA CONNECTION

YEAR 5/ 6 – HPE

- Practise skills to establish and manage relationships – ACPPS055.
- Examine the influence of emotional responses on behaviour and relationships – ACPPS056.
- Participate positively in groups and teams by encouraging others and negotiating roles and responsibilities – ACPMP067.

SUCCESS CRITERIA

Students will be able to ...

- Understand the importance of establishing positive relationships that will help them live a fruitful life.
- Identify strategies that will improve relationships and interactions with those around them.
- Discover habits that either need to be improved upon, gotten rid of or be learned for the first time..

SCRIPTURE

John 13:35

By this all people will know that you are my disciples, if you have love for one another.”

Building Relationships The act of interaction

see page 63

3.1 Together Everyone Achieves More (TEAM)

- School students working together to climb a wall.
Great Teamwork!
<https://www.youtube.com/watch?v=RIbsWi6uqVY>
(0:38 seconds)
- Sometimes humour can succeed where serious explanation can't. This very short video featuring penguins on an ice raft in danger from an approaching whale. By working together, they avoid being eaten.
Teamwork
<https://www.youtube.com/watch?v=1qzzYrCTKuk>
(0:33 seconds)
- A cute animation featuring wildlife using bad teamwork and good teamwork.
Good Teamwork and Bad Teamwork
https://www.youtube.com/watch?v=fUXdrl9ch_Q
(3:20 minutes)
- Share these videos with students as a starting point to working through page 63 in the MJR workbook.

see pages 56 & 57

3.2 Peer Pressure

- Explore the effects of Peer Pressure using this MJR online resource:
<https://garrattpublishing.com.au/pdf/MJR-teacher-resources/Peer%20Pressure.pdf>
- Caught in the Crowd – a music video by Kate Miller Heidke about a boy who is being bullied at school.
Katie Miller Heidke – Caught in the Crowd
<https://www.youtube.com/watch?v=qAvSZ8HGSHI>
(3:50 minutes)

see pages 53–55

3.3 Friendship

- Share this video which captures the celebration of a team that has finally won its first ever footy game. The team had practiced a sign language team song for one of their players who was hearing impaired and were able to share the joyous occasion with their teammate.
Yeronga South Brisbane Football team surprises teammate with Auslan rendition of victory song
<https://thewest.com.au/sport/aflw/watch-yeronga-south-brisbane-football-team-surprises-teammate-with-auslan-rendition-of-victory-song-ng-b881633982z>
(0:58 seconds)

3.4 Empathy

- We are never too old to watch a discussion about empathy from Sesame Street – especially when the message is delivered by Murray muppet and Mark Ruffalo. This is a fun, simple and direct explanation about what empathy is and why it should be part of our life.

Sesame Street: Mark Ruffalo: Empathy

https://www.youtube.com/watch?v=9_1Rt1R4xbM
(2:28 minutes)

see pages 56–58

3.5 Are they raising you up, or pushing you down?

- Each person has something inside that needs to be nurtured. Sometimes we ignore that special gift or desire because we are striving to ‘fit in with the crowd’ – ultimately losing sight of ourselves and our unique worth.

Every Teenager NEEDS to Hear This

<https://www.youtube.com/watch?v=pLgVB1stuJ8>
(3:03 minutes)

- Peer pressure (p 56-57)
- Eagles/turkeys (p 58)

see pages 53–55

3.6 Friendship

- It’s easy to be friends with those people who think like us, look like us, and want to do the same things we do. It’s much harder to reach out and befriend those who are different from us. This is a great video that recognises the challenges of difference between friends, and embraces those differences.

Most wonderful time of the year believe in love

<https://www.youtube.com/watch?v=ViGa3ZzLHOI>
(1:25 minutes)

see page 22

3.7 Are you a Giver or a Taker?

There are many things we can’t control in the world around us, but we can control our attitude. We can choose to be a Giver or a Taker, and some days we might be both. Here is a list for students to help identify these two ways of living.

see pages 17, 18,
24–29, 51–55

3.8 What do friends look for?

Friends are one of life’s treasures. This section of the workbook explores the idea of friendship, how it thrives, and how it might not last if not tended to positively.

- Positive friendship (p 53–55)
- A negative attitude (p 17)
- Relationships are about what’s in it for others NOT YOU! (p 18)
- Looking at the acronym of WEST (pp 24–29 & p52)

3.9 Relationships in hobbies/sport/families

- This is the remarkable story about Kayla Montgomery – a long distance runner with multiple sclerosis. This video explores how relationships with others can be instrumental in your life.

Catching Kayla

https://www.youtube.com/watch?v=7fhMA_rlb1k

(6:00 minutes)

- Never give up, determination, dealing with disappointments (p 23)
- Learning to go to your heart room (p 134)

3.10 Relationship with ME – striving to create BIY

- Look at understanding what it is to be a WEST person (p 52)

- **I Am Me**

video <https://www.youtube.com/watch?v=y8Sv3CitPks>
by a great website called Fearless Soul

(2:33 minutes)

- Also great lyrics to the song **I Am Me** by Willow Smith

I Am Me

<https://www.youtube.com/watch?v=VUMK4Da9Avg>

(4:23 minutes)

3.11 Friendship Rules

What happens when the rules of friendship are broken?

Play the Imposter card game to find out.

Imposter Game

1. Use a pack of cards with one or two jokers left in it. Hand one card to each student but they are to keep it a secret and not share what they have. The person who receives the joker is the imposter, who strives to wipe out those around him or her.
 2. The rules of the game are simple:
 - i) The game is played in silence.
 - ii) The students walk around the class and the imposter winks at one class member - who waits about 5 seconds to allow the imposter to move on and then falls to the ground as though they have been murdered.
 - iii) After a while the teacher calls out 'FREEZE!' and students put up their hands and say 'I accuse of being the imposter'. If they are wrong they have to fall to the ground. If they are right the imposter shows the joker and the game is finished.
- HINTS - to make it more interesting you can use two jokers. Also give a score out of ten for how effectively they die/fall to the ground. Emphasise the trust that is needed by only the imposter winking.**

3.12 Future in My Hands

1. Ask students to imagine their ultimate dream job, sporting dream, creative dream etc.
2. Discuss who or what inspired them.

3.13 Relationship with friends

- Watch this Prince Ea video:
Why Most Relationships Fail
<https://www.youtube.com/watch?v=j2IPW02GtnQ>
(2:20 minutes)
- Explore this idea: most relationships have disagreements. But we can look at conflict in friendship as an opportunity.
- What are your concerns about this Prince Ea video?

see page 62

3.14 Greet, Treat & Speak (GTS)

- Use Greet, Treat & Speak to help you form strong and positive relationships.
- St Finn Barr's Catholic School in Launceston, Tasmania, made GTS their yearly value to concentrate on. Perhaps that is something you might like to try at your school?

see page 92

3.15 Relationship with Nature

- *My Octopus Teacher* is a great short film about a relationship between a human and an octopus. Ask students what areas of nature they love.
My Octopus Teacher
https://www.youtube.com/watch?v=3s0LTDhqe5A&feature=emb_logo
(2:27 minutes)

3.16 Relationship with Jesus

All through these sessions highlight to students the importance of Spirit of Jesus moments in our life.

Pinpoint where they occur daily by remembering to reflect on the good, failures, successes etc.

1. Ask students to add 13 dashes in a line into their journal. At the end of the line add the letter S. Like this:
-----S
then ask them to guess what word fits into these spaces.
2. Once they've had a chance to guess, show them the Kayla video at https://www.youtube.com/watch?v=7fhMA_rlb1k and give them another chance to guess.
3. Get students to print the word RELATIONSHIPS into the middle of a blank journal page and ask them to explore who they have relationships with. Use the following six bubbles design below as a guide.

RELATIONSHIPS

At Home

For example parents, step parents/carers, siblings, pets

At school

For example teachers, friends, principal

With Nature

For example taking my rubbish home from a picnic

With Yourself

For example reflect on attitude, never give up

In sport/hobbies

For example coaches, team mates

With Jesus

For example historical Jesus & Jesus in the Now

Successful Leaders build relationships by interacting with the right questions and positive feedback and statements.

